

Easily file and manage your PFML leave online, any time



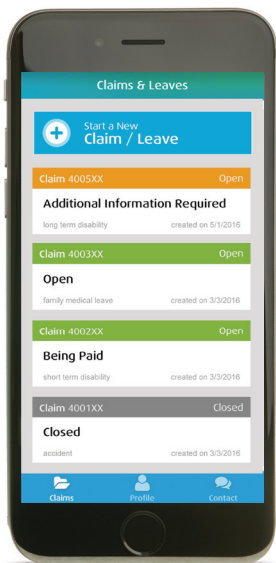
Secure & easy access:

- Short and simple process that saves time
- Convenient access, day or night
- Website security to safeguard your personal data

Committed to you

We understand that you may need extra assistance with your PFML leave. Our online service is part of our commitment to making the process easier for you.

› Managing your PFML leave is just a touch away. Go mobile with the Unum Customer App.



Unum provides you with a simple, secure way to manage your PFML (Paid Family and Medical Leave) leave online. Whether you need to file for the first time or update an intermittent leave, our Web service is easy and intuitive. It also allows you to view updates, correspondence, documentation and more. This online option is available at your fingertips, 24/7.

It's easy to file an PFML leave or record intermittent leave.

To get started:

1 Go to www.unum.com/claims

2 Returning users, please log in with your user ID and password.

3 First-time users, please register an account to file a new PFML leave, submit intermittent time, or view correspondence.

Register for an account

Whether you have Unum coverage or offer Unum coverage, we are dedicated to serving your needs. Our secure website provides information and tools that can help you make the most of your relationship with Unum. Sign up today, so you have instant access to all of the important features of this site.

Employees >

- File a claim/leave
- Download supplemental forms
- Check your claim status
- Update personal information
- Managing your claim is just a touch away. Go mobile with the Unum Customer App.
- Manage direct deposit

Monitor your progress

Our secure site helps eliminate delays and confusion. Here are a few main features:

File your PFML leave

paper-free, 24 hours a day,
7 days a week

Upload documents

from your personal computer

Review leave status

and correspondence

Verify or edit

personal payment information

Get updates 24/7

with mobile Web access that's
optimized for smartphones

Record intermittent leave

right when you take it, using our
mobile app

Online updates make managing PFML easier

- Change your contact information if you move
- Add or update the doctors and medical providers associated with your leave
- Opt-out of leave-related mail if you would rather view correspondence online
- Quickly upload documents from your personal computer or mobile device
- Check your available leave time any time online

What events qualify for PFML leave?

Under the PFML, eligible employees can take up to the indicated workweeks of paid leave during a 12-month period, not to exceed 26 weeks combined:

- Medical leave due to the employee's own serious health condition (**26**)
- Birth, adoption or foster care placement of a child (**12**)
- Care of that employee's parent, spouse or child with a serious health condition (**12**)
- Any qualifying exigency for a spouse, child or parent of a service member who is on covered active duty - or notified of an impending call or order to covered active duty - as a member of the reserve or regular components of the Armed Forces (**12**)
- Military caregiver responsibilities (**26**)



Have additional questions?
Please call us at:

* You must start your claim on the website or over the phone. Then you can use the mobile app to manage your claim. The Unum Customer App is available for Apple and Android devices.

Apple is a registered trademark of Apple Inc.
Android is a trademark of Google Inc.

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