## ahealthyme\*\*

### Account creation and log in process



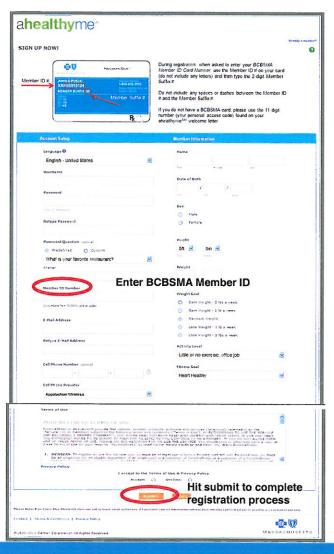
#### Create an account:

- Go to: www.ahealthyme.com/login\*
- Click on Click here to sign up
- Follow steps to register (next slide)

<sup>\*</sup>Access is also available via BCBSMA's Member Central website

# ahealthyme\*\*

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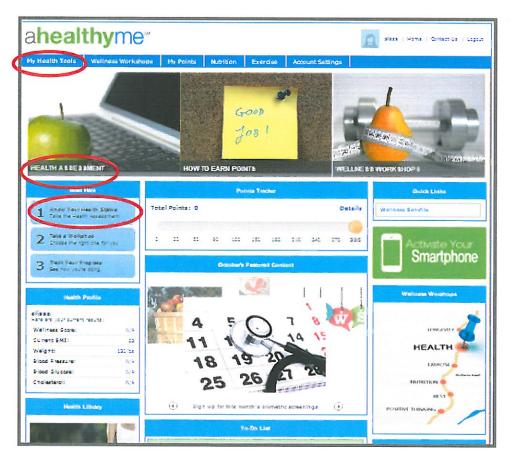


#### Create an account (cont.):

- Complete the site registration form. You will need either your BCBSMA member number (do not include the letters preceding the 11-digit number). To receive text message reminders, provide your cell number and select cell phone provider
- Read and agree to the Terms of Use and Privacy Policy and hit the submit button
- Once you hit submit you'll be taken to the ahealthyme homepage

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## Taking the health assessment



# Locating the health assessment on the homepage:

- The health assessment is accessible under the My Health Tools in the top navigation bar
- The health assessment is in the image slider\*
- The health assessment is the first step in the Start Here widget

<sup>\*</sup>Recommended